



# Services for People with Disabilities



## Service Orientation

Our interdisciplinary team upholds the core values of “caring” and continues to provide holistic human-centred support and care services for people with disabilities, including intellectual and physical disabilities, and their carers. We are committed to actively responding to the diverse rehabilitation needs of our service users and supporting their carers through interdisciplinary and district-based collaborations.



Learn more about our Services for People with Disabilities



## Service Highlights

### Open Day at Sheung Yan House

Sheung Yan House, our residential care home that has been in operation since August 2020, co-organised an opening ceremony and open day in January 2023 with Tsui Ngai Co-production Centre. We also procured multiple technological products with the financial support of the Innovation and Technology Fund for Application in Elderly and Rehabilitation and The Hong Kong Jockey Club Charities Trust, which allowed our service users to participate in interactive training and stay in touch with their families and other members of the community during the pandemic.



Learn more about our services at Sheung Yan House



Ms. Hannah Yip Hau-yu, Assistant Director (Rehabilitation and Medical Social Services) of the Social Welfare Department, Mr. Paul Wong Yan-yin, JP, District Officer (Sham Shui Po) of the Home Affairs Department and Ms. Mimi Lo Suk-yi, Acting Assistant District Social Welfare Officer (Sham Shui Po) of the Social Welfare Department visited the environmental facilities at Sheung Yan House in the company of CFSC's Chief Executive, Ms. Ivy Leung Siu-ling.



After the opening ceremony, the guests were given a tour of Sheung Yan House to learn about the technological equipment and facilities available onsite and how they operated.

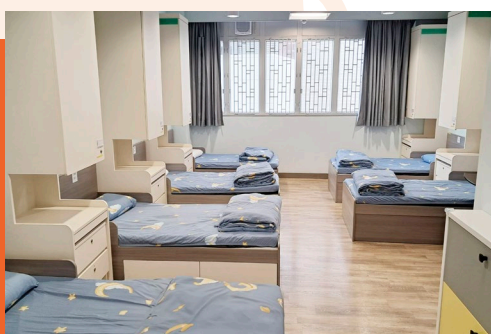


### Hoi Nga House and Hoi Chung House Commencing Services

The Hoi Tat Estate Service Project located in Sham Shui Po combines residential services for persons with disabilities with vocational rehabilitation services. Hoi Nga House (a hostel for moderately mentally handicapped persons) and Hoi Chung House (a supported hostel) came into service as officially licenced residential care homes for persons with disabilities (RCHDs) in late March 2023, offering 83 residential places in total. Residents will be provided with a diverse portfolio of services that embody the "six H's", namely: happiness, health, harmony, homey, heartfelt and hope. The goal is to build a home filled with happiness, where the residents can live full and rewarding lives.



Learn more about our services at Hoi Nga House



The dormitories are well-lit and kept clean to make the residents feel at home.



A pre-admission information and experience day was held to let prospective residents familiarise themselves with life at the care homes and inform their family members about our residential services.



Learn more about our services at Hoi Chung House



## Taking a Pro-active Approach to Address the Physical, Mental and Spiritual Needs of Ageing Residents

In March 2023, Dick Chi Day Activity Centre cum Hostel received a grant of HK\$5,546,274 from the Lotteries Fund of the Social Welfare Department in support of its 36-month pilot programme, “The Pilot Project on One-stop Services for Ageing Service Users of HSMH and HMMH”. It provides a one-stop solution with advanced situational support, muscle strength training, holistic care services and regular outings for ten aged residents at the hostel for moderately and severely mentally handicapped persons. The project team works closely with carers to create a “personal emotional passport” and organise a series of life education activities for each participant.



Learn more about our services at Dick Chi Day Activity Centre cum Hostel



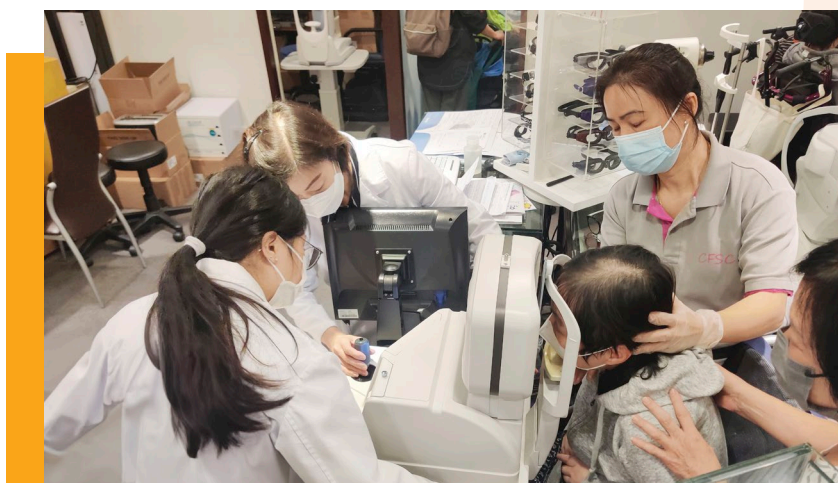
Staff members could take a resident's emotional temperature based on their “personal emotional passports”.



Activities were held to engage service users in life education through caring for small animals.

## Residential Services for Persons with Disabilities - Holistic Health Care Improvement Programme

In response to the ageing demographic and health-related needs of residents at our RCHDs, we launched a special programme to raise the residents' health awareness and promote the early detection and appropriate treatment of health conditions. Since May 2022, a total of 295 health check sessions have been held, including osteoporosis screenings, onsite foot disease diagnoses and treatment, and comprehensive ophthalmic examinations and screenings for fundus vascular occlusions. As of March 2023, the programme delivered a total of 1,118 examinations and treatments for our beneficiaries.



Residents received comprehensive eye examinations at the Optical Centre, with the help of family members and care workers.

## Successful Delivery of the Pilot Project on Integrated Community Rehabilitation Centre

With financial support from the Social Welfare Department, in August 2023, we launched the Pilot Project on Integrated Community Rehabilitation Centre in Kowloon East, with the aim of providing a hybrid of centre- and home-based care services for people with severe disabilities in the region. By adopting intervention indicators from the International Classification of Functioning, Disability and Health (ICF), the scheme empowers service users and their carers to take part in the development of individual care plans, while working with interdisciplinary teams and applying technological innovations to establish a human-centred and self-directed model of community support services.

## Supporting Carers' Mental Health by Encouraging "Me Time"

As the carers of people with disabilities are often exposed to high levels of stress for an extended time, their mental well-being is a subject that must be taken seriously. To enhance the support available for carers of people with disabilities, improve their caregiving skills and alleviate their stress, we actively collaborated with community members and organisations to strengthen our carer support network, making every effort to anticipate their needs and tackle the issue of isolation among carers.

With a subvention from the Kwun Tong District Welfare Office of the Social Welfare Department, we introduced a district-based carer support programme that enables carers to indulge in "me time" through a host of stress-relieving group activities and events, such as yoga and stretching classes, as well as hiking trips. This allowed more than 100 carers to unwind from their day-to-day stress and find time in their busy schedules to prioritise their own mental, physical and spiritual health.



Organising a "Forest bathing tour" for carers.



Volunteers took the members on a day trip to give their carers some respite.

Through the "Caring Buddies - Home Respite Programme for the Intellectually Disabled", a programme funded by the Lee Hysan Foundation, we continued to recruit members of the community as caring buddies, whose responsibility is to provide home respite care and companion care services for people with intellectual disabilities, in order to ease the burden on their carers. The programme engaged 174 volunteers, who helped to deliver more than 2,300 service sessions to our beneficiaries.

With the funding support of around HK\$2 million from the "HKEX Charity Partnership Programme", Cheerful Place - District Support Centre launched the "Together We Connect@Carer Inclusion Project", allowing 96 carers to experience therapeutic horticulture and rethink the value of life. The event made connections with local volunteers and business partners, to organise an inclusive market that promoted the development of a carer-friendly community.



Learn more about our services at Cheerful Place - District Support Centre (Kwun Tong East)







To address the decreased swallowing function and individual needs of residents, our three residential care homes – Sheung Chun, Sheung Seen and Sheung Mei House were partnering with community groups to organise a series of unique soft diet experiences. During one of these events, staff members dressed up as waiters in a traditional Cantonese restaurant selling soft dim sum meals. Residents were invited to order their favourite items on the spot and rediscover the joy of “yum cha”, while engaging in a multi-sensory experience that stimulated their sight, touch, smell, hearing and taste.

To keep abreast of technological developments, our residential care homes went head-to-head in a virtual e-sports tournament, co-hosted using a live-streaming technology that transcended geographical boundaries. The team-based event inspired young residents to uncover their full potential and enriched their residential experience, thereby allowing them to enjoy a life full of variety at our residential homes.



To promote the early detection of diseases, a team of nurses from Everjoy - Home Care Service for Persons with Severe Disabilities made use of portable medical imaging equipment to provide people with disabilities and their carers with door-to-door screening services for medical conditions that were normally expensive to treat, such as pulmonary, hepatic and renal diseases. During the pilot implementation stage, chronic disease management services were provided to 85 service users and their carers.



## Outlook

With Integrated Community Rehabilitation Centre (Kowloon East) expected to commence services at the beginning of the second quarter of 2023, our team will continue to support and improve the quality of life of our service users and their carers in all aspects, and to apply a strengths-based approach that promotes joint participation in our service delivery. We will actively reach out and collaborate with various community stakeholders, to develop more forward-looking and evidence-based service models, including making better use of technology, proactively addressing the needs of our ageing service users, and offering comprehensive day-to-day support for carers. In this way, we will continue advocating the concepts of self-directed living and community participation, while promoting further applications of the ICF.

## Service Statistics 2022-2023 (as of 31<sup>st</sup> March 2023)

