

## Special Service Initiatives

### Children and Family Services



# Special Service Initiatives

#### "Pacing Your Child, Growing Together"

##### Family Support Programme

According to the Social Welfare Department's Child Protection Registry Statistical Report, the number of newly registered child abuse cases reached 1,504 in 2024. Kwun Tong is one of the three districts with the highest number of child abuse incidents. To assist parents in adopting a positive approach to educate their children, the Family Energizer (Integrated Family Service) launched the "Pacing Your Child, Growing Together" Family Support Programme. The programme not only guides parents in enhancing communication with their early-age children and understanding the needs of their adolescents, but also teaches them self-relaxation and stress reduction techniques. The programme aims to create healthy and harmonious growth environments for children and adolescents while providing comprehensive support to their parents.



▲ The "Human Library" allows mothers to share their parenting experiences.



Learn more about  
**our Children and  
Family Services**



▲ "Pacing Your Child, Growing Together" is a family support programme launched by Family Energizer that encourages parents to learn about communication with their children.

#### "Be with U" Programme

##### Outreach to Preschool Parents for Early Intervention and Support

The "Be with U" programme engages preschool parents and families in Kwun Tong District through outreach efforts to identify their needs and challenges early on, to provide them with appropriate support. Over the past year, Family Energizer successfully partnered with 12 kindergartens and early childhood centres through street booths, school-based activities, and multi-disciplinary training sessions, reaching approximately 140 families with preschool children, who were then added to six WhatsApp information groups specifically set up for preschool parents, to foster connections among these parents and encourage their participation in community activities. Case follow-up services were also offered for families with special needs.

#### "Stormy Days" Parent Support Programme

##### Supporting Parents through Their Children's Turbulent Growth

The "Stormy Days" parent support programme is designed for parents of adolescents facing high-conflict relationships or disciplinary challenges. It offers various activities, including in-depth counselling groups, relationship detachment workshops, a human library, movie sharing sessions, and a seminar titled "Love Never Power Down, Always Come a Chance". In addition, a support network for parents has been created through the "Stormy Days Fellowship", facilitating mutual support as they navigate through their children's growth challenges. Over the past year, Family Energizer has collaborated with five primary and secondary schools, serving a total of 380 participants.

## Special Service Initiatives

### ACTivate The HeARTful Journey for

### Student Mental Well-being Project

In recent years, the rising number of student suicides has sparked widespread public concern. A report from the HKJC Centre for Suicide Research and Prevention of the University of Hong Kong revealed an alarming discovery: the suicide rate among teenagers aged 10 to 19 has surged since 2013, representing a 2.8 times increase over the past decade. To identify children and adolescents who are experiencing emotional crises and to intervene at an early stage, our Mental Health Services focus on addressing the needs of service users at different stages of life. In May 2024, with the wholehearted support of the Hong Kong Jockey Club Charities Trust, we launched a two-year initiative named the “Jockey Club Embrace Life Series 2.0 – ACTivate The HeARTful Journey for Student Mental Well-being Project” to support students in East Kowloon District who are struggling with depression and anxiety, while enhancing mental health education and nurturing a culture of care.

### Mental Health Services



### Applying Acceptance and Commitment Therapy as an Outlet for Emotional Expression

Research has established a close link between the lack of appropriate emotional expression and suicidal ideation and the behaviours among adolescents. In view of this, the project builds on the theoretical framework of Acceptance and Commitment Therapy (ACT) by utilising expressive arts therapy, including non-verbal modalities such as visual arts, music, dance, and body movements, to help students establish a healthy outlet for their emotional expression and enhance their abilities to cope with emotional distress.



During the training day, the Mental Health Ambassadors learned about expressive arts therapy through hands-on experiences that allowed them to express themselves artistically.



Parents who joined the “HeARTful ACTION” positive parenting education group learned to recognise their own emotional needs and those of their children.

Guided by a clinical psychologist, teachers learned how to identify and support students who were experiencing mental health difficulties.



The project is comprised of four key areas: (1) Counselling Services that include individual and group counselling for students and parents, as well as a medical subsidy of up to HK\$10,000 to help families with financial needs access necessary professional services; (2) Mental Health Preventive and Educational Activities that include a variety of programmes designed to teach students how to cope with emotional distress positively and training that enables teachers and parents to better identify and support students at risk; (3) Community Programmes for promoting mental health that are aimed at raising public awareness and the understanding of students' emotional health; and (4) the Mental Health Ambassador Scheme that engages ambassadors to help students reintegrate into community life. As of March 2025, the project recorded a total of 6,526 service attendances, contributing to an increased awareness of children's and young people's mental health in schools and the wider community.



Learn more about  
our Mental Health  
Services

Students learned how to incorporate practices of self-compassion into their everyday lives and express their emotions for others through artistic creations.



## Special Service Initiatives

### Youth and Education Services



After the performances, the youth bands engaged in a discussion with Mr. Taddy Leung Po-wah, District Social Welfare Officer (Kwun Tong).



The event featured a "Flash Five Senses Experience Station," which provided interactive experiences designed to remind the public to pay attention to their emotional well-being.

The programme aimed to convey messages about mental health through music creation and community performances, attracting large audiences on the event days.



Learn more about  
our Youth and  
Education Services



The "Joyful Notes" mobile stage toured various locations in Kwun Tong, promoting mental health awareness through performances.

### "Joyful Notes"

#### Youth Mental Health Promotion Programme

Teenagers face immense pressure from challenges related to academic achievement, family, peers, and life planning. In response to the government's Policy Address, which highlighted the need to promote mental health among children and adolescents, our Youth Services are dedicated to addressing societal needs by helping teenagers navigate through these difficulties and providing compassionate support, enabling them to face the challenges in their lives confidently.

The Jockey Club Youth Leap, in collaboration with the Kwun Tong District Social Welfare Office of the Social Welfare Department and the Hong Kong Christian Service Kwun Tong Happy Teen Club, jointly launched the "Joyful Notes" Youth Mental Health Promotion Programme. Through music creation and community performances, the programme aimed to help young people learn how to express and accept their emotions, and to face their challenges with a positive attitude.

The programme was launched in October 2024, with 21 teenagers participating, forming four youth bands. The participants received training in songwriting and lyrics composition, and attended sharing sessions with renowned musicians. Following this, a two-day mobile music festival was held at various locations in Kwun Tong District, including Kwun Tong Community Green Station in Kowloon Bay, VESSEL at Kwun Tong Promenade, Sau Mau Ping Shopping Centre, and the Free Space at Kwun Tong Town Centre. At the event, a "Flash Five Senses Experience Station" was set up, where community members were encouraged to pay attention to their emotional well-being through interactive experiences involving sight, touch, taste, hearing, and smell, thereby enhancing the public awareness of mental health. The music festival drew over 1,100 participants over two days.

## Special Service Initiatives

### Open Art Studio 2.0

Besides music, Youth Services have used art as a communication platform to encourage young people to discover themselves through creative activities. We received approximately HK\$4 million in funding from the Kadoorie Charitable Foundation in 2024 to launch the three-year "Open Art Studio 2.0" programme.



▲ Through the "Open Art Studio 2.0" programme, students actively participated in lunchtime art activities.

### Non-Verbal Expression: Exploring Inner Emotions and Potential

This programme, which is inspired by overseas psychological counselling experiences, is being implemented in secondary schools. By allowing the participants to engage in artistic creation, a non-stigmatising environment is created where students can safely express emotions that are difficult to articulate. Under the guidance and counselling of art therapists and social workers, the students can process and alleviate their negative feelings, while those who are in need can be identified at an early stage.

This year, six secondary schools and their students participated in the programme, benefitting over 6,000 individuals. To cater to the needs of teenagers, the programme provided more than 240 open art activities during lunch breaks and after school, as well as 60 themed art workshops, 12 expressive art therapy groups (each consisting of six sessions), six training workshops for teachers and parents, and over 200 individual art therapy counselling sessions.

For the schools and their students, the programme was well-received, and they provided positive feedback. The students expressed that they enjoyed the creative process and were able to participate in various artistic activities according to their own choice. The activities allowed them to relieve academic stress, care for themselves, and feel understood and supported. Some students even mentioned that the programme helped them connect with peers from different grade levels and enhanced their motivation to attend school. The teachers also reflected that the activities provided a comfortable and non-verbal means of expression for introverted students who lacked confidence, allowing them to express their emotions and thoughts, which in turn helped them discover more of their own potential.



▲ The students created a wish rope for self-blessing.

▼ The students used masking tape to create a series of artworks, which was called the "Sealing Tape Series".



▲ The students created characters that represented themselves during the lunchtime art activities.



## Special Service Initiatives

Community  
Development Services



Children and  
Family Services



Environmental Protection  
and Green Living



Learn more about  
our Environmental  
Protection and Green Living

### “Declutter Project for the Elderly in Old Buildings”

Despite the widespread push towards green and sustainable living in recent years, adopting an eco-friendly lifestyle can be particularly challenging for the elderly, especially those living alone or with their elderly spouses. The “Declutter Project for the Elderly in Old Buildings” was an innovative initiative that integrated social work services with concepts of green living to help elderly residents in old buildings with hoarding tendencies declutter and organise their homes. The project was jointly implemented by three of our core service units: Family Energizer (Integrated Family Service), Community Development Services and Environmental Protection and Green Living. Through cross-disciplinary collaborations, the team combined their frontline experience and community insights to address the needs of the elderly in terms of their living spaces and emotional well-being, particularly those living alone and experiencing loneliness.



1. Our Star Volunteer, Mr. On Chan, helped an elderly resident declutter her old stage costumes.



2. Student volunteers listened attentively as the elderly shared stories about their long-loved possessions.



3. Student volunteers assisted the elderly in tidying up years of accumulated clutter.



▲ The elderly participants and volunteers in the project attended the Recognition Ceremony together.

◀ The volunteers attended a training workshop on eco-friendly decluttering techniques.

### Preserving Memories, Not the Clutter

We recruited 12 student volunteers from higher education institutions and provided them with a series of training sessions on topics ranging from decluttering techniques to documentary photography and effective communication with the elderly. After completing the training, the volunteers split into teams and visited five elderly households to conduct initial assessments of their living spaces and deliver home decluttering services, helping to sort out their belongings and create spaces to reset their lives.

The elderly residents were grateful for the kindness shown by the young volunteers, who not only helped them tidy up their homes but also showed them how donating their beloved items could be a way to honour their sentimental value and give them a second lease of life with someone who would appreciate them. Meanwhile, their emotional attachments to their belongings gave the students a newfound appreciation for old-fashioned items. The physical difficulties faced by the elderly in decluttering their homes also highlighted the importance of recognising the needs of elderly residents living alone. Overall, the participants felt that the project created a space for intergenerational interactions and understanding, where older and younger people bonded with and supported one another. The experience also prompted the volunteers to reflect on their own lifestyles and reinforced their commitment to caring for others and participating in community affairs.

◀ Being able to help the elderly declutter gave the volunteers a sense of fulfilment.





## Special Service Initiatives

### Community Development Services



▲ The Towngas and the Water Supplies Department, in collaboration with the Agency, held a ceremony to establish volunteer teams tasked with assisting families with various needs.

#### Building a Strong Community:

#### Our “CRISSCROSS” Volunteer Team

Our Community Development Services have consistently served various marginalised grassroots individuals, offering a range of services that improve living conditions in squatter communities, provide diverse learning opportunities for children in subdivided flats, and support transitional housing residents in establishing new lives. The goal of our services is to enhance grassroots living standards by providing networking resources and promoting community engagement.

CFSC’s “CRISSCROSS” social housing project has completed all four estates, thereby significantly improving the living conditions of many grassroots families. In addition, we set up the “CRISSCROSS” volunteer team in January 2025, and our social workers have been encouraging residents to join the ranks of volunteers and contribute to building their community. The volunteer team currently has 50 members.

The “CRISSCROSS” volunteer team primarily assists residents with relocations and other living challenges. Since the estates of the social housing project do not feature elevators, moving large appliances into the apartments presents a significant challenge. To this end, team members received training on using a “stairlift”, enabling them to safely and efficiently assist families in moving their large appliances. This helps in reducing relocation costs while ensuring home safety.

In addition, the volunteer team installed mosquito nets for the residents and addressed various other living challenges. This fosters mutual support and a sense of belonging among the residents, which are crucial elements in building a strong and loving community.



▶ The volunteer team learned how to use the “stairlift safely”.



▲ The volunteer team assisted residents in installing mosquito nets and moving their appliances, embodying the spirit of mutual support.



Learn more about  
**our Community  
Development Services**



## Special Service Initiatives

### Primary Health Care Services



Project staff and volunteers distributed ice cream to residents in Kwun Tong, helping everyone cool down while sharing information on how to cope with the extreme heat.



#### Jockey Club

#### "Beat the Heat" Project

Climate change is causing extreme heat weather, and the elderly are more vulnerable to problems due to their declining physical functions and the prevalence of chronic diseases. Their physiological responses are more sensitive, making them more susceptible to dehydration, kidney failure, stroke and cardiovascular diseases. Research indicates that mortality rates increase by 1.8% for every 1°C rise above 28.2°C. In an effort to alleviate the issues caused by heat, the InnovAGE Team of our Primary Health Care Services received funding from the Hong Kong Jockey Club Charities Trust to launch a three-year initiative (2024-2027) named the Jockey Club "Beat the Heat" Project.



Student volunteers and the elderly participated in activities away from the heat, exercising while learning about healthy living.

The regular "beat the heat" seminars encouraged the elderly and community members to learn about how to stay resilient in hot weather.

### Enhancing the Ability of the Elderly to Cope with Extreme Heat Conditions in a Comprehensive Manner

In collaboration with the CUHK Jockey Club Institute of Ageing, the project targeted elderly individuals aged 65 and above in the Kwun Tong District who were at risk due to heat exposure and limited social support. Through a combination of health education, home visits, minor home modifications and community engagement, we aimed to strengthen the resilience of the elderly against the extreme heat.

Between March and October 2024, the project delivered heat resilience education to over 2,000 community members and conducted 732 home visits for 306 elderly residents. Among them, tailored home improvement works were carried out for 184 households to enhance the residents' indoor comfort during hot weather.

We also mobilised local businesses and public facilities, such as restaurants and rest areas, to serve as designated "cooling spots" for the elderly during periods of extreme heat. These caring efforts not only enhanced the physical and mental well-being of the elderly but also fostered a stronger community support network. The project achieved a nearly 50% reduction in emergency medical services among participants, underscoring its effectiveness in enhancing preventive care and improving overall health. CFSC remains committed to expanding this impactful model and advocating for climate-adaptive health strategies, in order to safeguard the well-being of vulnerable members of the community.



Social workers and auxiliary professional volunteers performed home improvement tasks for high-risk elderly.

## Special Service Initiatives

### CFSC “ICOPE”

#### Comprehensive Health Assessment Services

CFSC has been committed to promoting a person-centred, integrated care model in Primary Health Care Services, aiming to enhance the health and quality of life of the elderly, to achieve proper healthy ageing. In alignment with the World Health Organisation’s framework for Integrated Care for Older People (ICOPE), CFSC promotes integrated care for the elderly, focusing on person-centred preventive care strategies that enable the early identification of health risks among the elderly and enhance their internal health capacities.

Over the past year, CFSC conducted health screenings for more than 600 elders, assessing six key areas of their intrinsic capacities: visual, hearing, nutrition, mobility, cognition, and emotional health. Among all the participants, 80% reported increased awareness of the importance of health planning; 42% exhibited functional declines in multiple areas; and 33% were newly diagnosed with chronic conditions. The assessment results helped us understand and track the health conditions of the elderly, allowing for the early detection of functional declines and the formulation of personalised intervention measures and care plans.



- ▲ The elderly lacked adequate social support before joining the comprehensive assessment programme, highlighting the crucial role of social work in integrated care.

#### Dedicated Nurse Clinics and

#### Dietetics Services

CFSC is proud to have been commissioned by the Health Bureau to implement the “Primary Healthcare Development: Nurse Clinics and Allied Health Services” initiative. This three-year programme (2025–2028) will support the development of the Chronic Disease Co-Care Scheme (CDCC) and the District Health Centre (DHC) health services, providing participants across Hong Kong with tailored and more comprehensive chronic disease management solutions, including nurse clinics and dietitian services, to divert chronic disease management to the community and alleviate the pressure on public hospitals.

The nurse clinics focus on early intervention for individuals at risk of diabetes or those newly diagnosed with diabetes and hypertension. Eligible participants receive two subsidised consultations, which include comprehensive health risk assessments, monitoring for diabetes-related complications, and personalised lifestyle coaching. CFSC’s dietetics services provide tailored nutritional assessments and consultations for patients with chronic conditions and elderly individuals undergoing rehabilitation, with dietitians developing personalised meal plans and weight management programmes for the participants, all of which are integrated into the Electronic Health Record Sharing System (eHealth) to enable seamless, real-time data exchanges with public healthcare providers.



- ▲ The programme provides participants with personalised lifestyle guidance.
- ▲ The nurse clinic offers early intervention services for individuals at risk of diabetes or those newly diagnosed with diabetes and hypertension.



Learn more about  
**Primary Health Care  
Services**



## Special Service Initiatives

### Active Ageing Services



#### Jockey Club “E-Generation”:

#### Impact Extension Project for

#### Chronic Knee Pain Management

Knee osteoarthritis is a common chronic condition that affects one in every six people in Asia, placing a growing burden on individuals, carers and the healthcare system, as its prevalence is increasing with population ageing and a longer life expectancy. Elderly patients struggling with this condition often experience disruptions in their daily activities and social lives, leading to a sense of isolation from their community. Funded by the Hong Kong Jockey Club Charities Trust, our Active Ageing Services organised the Jockey Club “E-Generation”: Impact Extension Project for Chronic Knee Pain Management in partnership with the Hong Kong Sheng Kung Hui Welfare Council, offering three months of personalised pain relief and self-management services to patients with knee pain aged 55 or above. The programme will run from April 2024 to March 2027.

### Forming an Interdisciplinary Team to Develop Pain Relief and Self-Management Services

The interdisciplinary team involved in the programme consists of physiotherapists, social workers, fitness instructors and other professionals, who are responsible for educating the elderly about knee conditions and enhancing their ability to care for and manage their own knee pain. This helps to establish good exercise habits and a healthy lifestyle, while reducing the demand for surgeries and other public healthcare services, easing the burden on the public healthcare system in the long run. The programme includes the use of the AI-powered fitness app – “Master Knee”, which integrates physical exercise, innovative technology and gamification to help the participants master the correct exercise techniques and movements at home.

Since its launch in April 2024, the programme has served over 400 elderly residents, with the participants reporting an improved quality of life and reduced knee pain issues. Data from the programme evaluation has also shown significant improvements in their daily mobility, balance, and pain levels.



▲ Physiotherapists conducted personalised knee pain assessments for the elderly.



▲ The elderly participants learned how to manage their knee pain through exercise and physical activity.



▶ The programme also engaged a team of social workers to educate the elderly on the causes of their knee pain.

## Special Service Initiatives

### Warm Connect – Early Reach Out to

### Older People Ready to Discharge

There are approximately 320,000 households with elderly singletons or doubletons in Hong Kong, many of whom are hidden elderly individuals. They are isolated from society, lacking family or peer support, and neither have a normal social life nor access to a social network. In addition, they often do not know how to seek help from social services, which increases their life risks as well as the likelihood of being readmitted to hospitals after discharge, ultimately aggravating the burden on the healthcare system. To this end, our Active Ageing Services aim to identify and support these hidden elderly by introducing them to available community resources, in order to enhance their safety and quality of life.

### Identifying the Hidden Elderly Proactively and Focusing on Their Safety and Needs

In collaboration with the Haven of Hope Hospital, CFSC launched a three-year initiative in January 2025 named “Warm Connect – Early Reach Out to Older People Ready to Discharge”. The programme aims to fill the service gap that exists after a patient’s hospital discharge and to intervene proactively in crises. This includes providing companionship in hospital wards, which helps to build trust and encourages the hidden elderly to use regular services. We also conduct immediate home visits for recently discharged hidden elderly to assess any home crises. In the long term, we aim to reduce the reluctance of the hidden elderly to utilise community services, facilitate their acceptance of regular support, and enhance their home safety.

As of April 2025, the programme has reached over 20 hidden elderly, with an average age of nearly 80. Most of the hidden elderly had never engaged with social services or were reluctant to receive care services. Some individuals had no family support and lived in hardship. Over half had been hospitalised due to falls, highlighting significant home safety concerns. In one case, a hidden elderly person who fell managed to call for emergency services and was taken to the hospital. After treatment, he was discharged, only to find out that the metal gate at his home’s entrance was damaged. Fortunately, our staff members assisted in resolving the issue and bought dinner for him. This highlighted how early access to regular services, such as installing emergency alarms, can significantly enhance the life safety of the hidden elderly. Currently, over 90% of the hidden elderly under the programme have received follow-up support from relevant agencies and are receiving regular services.



Learn more about  
our Active Ageing  
Services



Project staff introduced community resources to the elderly and assessed their home safety risks.



Project staff visited the elderly who had recently returned home from the hospital.



## Special Service Initiatives

### Elderly Care Services



To support mobility and independent living in a person's old age, our Elderly Care Services offer a diverse range of support and professional care services designed to encourage family involvement and foster a strong community support network. This comprehensive approach addresses the physical and mental needs of both the elderly and their carers, aiming to create an age-friendly living environment in response to the challenges posed by population ageing.



### "Carer Bond" Mobile Application

"Carer Bond" is a mobile application launched and operated by Elderly Care Services in October 2024. Commissioned by CFSC and designed by the University of Hong Kong's HINCare team, it supports carers' needs in three key areas, providing a one-stop platform for finding and offering support services, including substitute carer support, home-based elderly care, medical escorts, free volunteer companionship for outings, one-off deliveries and donations of rehabilitation supplies. We also encourage community members to join our substitute carers and volunteers in delivering community care for the elderly and helping alleviate the burden placed on carers.



▶ We set up booths at various community events to promote the "Carer Bond" mobile app.



▶ Seminars were held to introduce the helpful functions of the "Carer Bond" mobile app to the elderly and their carers.



Learn more about  
our Elderly Care  
Services

## Special Service Initiatives



▲ One of the highlights of the outing was taking group photos of the elderly participants at various locations.



### "Let's Enjoy the Ride" Services in the Community

As part of the "Let's Enjoy the Ride" pilot programme launched by Mind Delight Memory and Cognitive Training Centre, a team of social workers took six elderly participants with dementia on a series of guided trips across Hong Kong to reconnect with the places they had lived or worked in when they were younger and to discover new destinations. We filmed their journey and uploaded the videos to our dedicated Instagram page, "lets\_enjoytheride", to demonstrate that life with dementia can still be socially engaging and independent. To date, the videos have been viewed a total of 55,514 times.



Instagram page:  
**lets\_enjoytheride**

## Providing End-of-Life Care and Dying-in-Place Services for Care Home Residents

With the amended Coroners Ordinance and Births and Deaths Registration Ordinance coming into effect on 3<sup>rd</sup> June 2024, terminally ill patients in residential care homes are now given the option to die peacefully in a familiar environment. As an active response to this policy direction, our Residential Care Homes have introduced a 'dying-in-place' option for residents, facilitating advance care planning. To date, Yang Chen House has provided end-of-life care and dying-in-place services to two residents, allowing them to spend their final moments with dignity and peace in an environment where their loved ones surround them.



▲ As part of the "Jockey Club End-of-Life Community Care Project", the doctor discussed the conditions of terminally ill patients with their family members.

▶ The hospice unit gives family members a space to be with their loved ones during their final days.



## Special Service Initiatives

### Services for People with Disabilities



▲ A large-scale event called "Together We Connect@Carer Inclusion Market 2025" was held to share the progress achieved by the programme with community members.

### "Together We Connect @Carer

### Inclusion Project":

#### Building a Carer-Friendly Community

To address the needs of the carers of people with disabilities in society, Cheerful Place – District Support Centre for Persons with Disabilities launched a two-year programme named the "Together We Connect@Carer Inclusion Project" in June 2023. Supported by a fund from the HKEX Foundation allocated and monitored by the Community Chest of Hong Kong, the programme aimed to foster an inclusive community for carers through horticultural therapy. By contemplating the relationships between plants and life, carers gained a renewed perspective on the value of life and embarked on a journey of enlightenment, resilience, mental strength, and mutual support for one another. Additionally, by establishing carer support groups, the programme helped to strengthen sharing and support among carers, while promoting a network of mutual assistance and building a carer-friendly community. It engaged more than 100 carer participants, with a service attendance of nearly 4,200 (carers and community members). More than 75% of the participants reported improvements in their self-efficacy, stress levels and perceived happiness.

To share the programme's achievements with the general public, a large-scale carer-inclusive market called "Together We Connect@Carer Inclusion Market 2025" was held on 22<sup>nd</sup> February 2025. The event featured various themed workshops on gardening and floral arrangements, and carers were invited to share their artistic creations and personal stories with community members. It also showcased various inclusive performances by people with disabilities to symbolise the concerted efforts of community stakeholders in building a carer-friendly environment. Over 600 community members attended the event.



▲ Legislative Council members Mr. Tang Ka-piu, BBS, JP (first from the left), and Dr. Ngan Man-yu (second from the left) joined our management and guests in painting the eyes of the dancing lions to kick off the market.

▶ The participants found relief from the stress of their caregiving duties through horticultural activities.



### Mastering the Art of Appreciating Oneself and Others

One of the participants recounted how she initially joined the programme "just for fun", with little knowledge of plants and flowers. With the encouragement of the programme team, she began experimenting with her creations and found joy in creating art alongside her fellow carers. Over time, the process of mutual learning and support gave her a newfound appreciation for herself and others, and the strength to carry on. This shows that the programme not only gave carers moments of "me time" to unleash their potential away from the stress of their caregiving duties; it also connected them with their fellow carers to establish a network of mutual support.



Learn more about  
our Services for People  
with Disabilities

## Special Service Initiatives

### Inclusive College:

#### Promoting the Community Integration of People with Disabilities

Inclusive College is a flagship initiative organised by Tsui Fung Co-production Centre to promote opportunities and inclusion for people with disabilities. It equips service users for future employment by offering them vocational training designed to nurture a versatile skill set and by connecting them with the community through engagement with various community stakeholders.

The three-year programme offers tailored, ongoing skills courses covering a variety of areas, including baking, coffee brewing, gardening and crafts, to unlock and develop each individual's potential, showcase their abilities and give them the chance to apply their skills in the real world and contribute to the community. In its first year of implementation (2023-2024), nearly 65 training sessions and related activities were held, and 431 attendances of people with disabilities were recorded, four of whom kick-started their careers by securing employment with our partner organisations upon completing the courses.



- ▲ Participants applied themselves to mastering various baking techniques and concepts.
- ▲ Carers attended the graduation ceremony of the gardening class to witness the children's progress.

Looking ahead, Inclusive College will continue to expand its offerings with a more diverse range of courses and pop-up services led by fully-trained service users. Service experiences will be promoted in the community or in collaboration with local groups or corporate partners to showcase the training's outcomes and cultivate broader social support and recognition for people with disabilities. By allowing their talents to be seen while building their capabilities, the initiative is paving the way for greater employment opportunities and embedding true inclusion into our service DNA.

#### Opportunities and Inclusion for People with Disabilities



- ▲ Instructors patiently guided participants through various types of floral materials and crafting techniques.



- ▲ Through collaboration with Urban Oasis, students in the gardening classes had gained more knowledge about planting.



Learn more about  
our Opportunities and  
Inclusion for People with  
Disabilities